

'The Great War': Trench Warfare Power Project

By Dylan

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Different foods in WW1

They used to eat loads of toad in the hole with potatoes.

Bean soup with bread then a treacle pudding.

Mutton (lamb) stew and suet pudding.

Fish and potato pie, then baked raisin pudding.

(all of these meals were very filling)

Lots of food was sent away to feed soldiers fighting in the war.

There was less food arriving because ships carrying supplies were attacked by German submarines.

Fresh fruit, vegetables, meat and bread were hard to find. There were long queues outside shops.

It was important not to waste anything.

Women repaired socks and stockings. Men hammered new soles and heels onto their boots and shoes.

Mothers had to be inventive in the kitchen with meals like 'potted cheese': crumbs of cheese, mixed with mustard, baked and served with toast.

All resources were focused towards the war. Life became harder for everyone, even those who stayed at home.

Poultry (birds): This is one of the foods they needed to ration.





These are posters encouraging people to save up on their food in the war and to not waste all the food because there wasn't much around.

In 1918, Britain began rationing to try and make food more equal.

‘The Win-the-War Cookery Book’ carried this message: ‘Women of Britain ... Our soldiers are beating the Germans on land. Our sailors are beating them on the sea. You can beat them in the larder and the kitchen.’



These are foods that were rationed and the posters tell you how much you can have.



What I think about rationing and food in WW1...

I think it was fair for everyone so the poor got fed more but the rich would get less than normal.

At the same time it is saving the people in the war trenches because they needed the food more than people at home. I think it was kind of hard for some people but not hard for some people.

If this was my life I would like it (it might be fun to try it?) at the same time hate it because I couldn't eat what I want when I want.