

## **Aims**

### **Parrett and Axe Primary School will**

- Promote the understanding of the importance of a healthy lifestyle for children and adults
- Ensure that all pupils have access to two hours of structured physical activity in and outside the school curriculum, for example, Golden Mile Powerwalking Scheme, Action Van, West Dorset Cricket Academy...
- Provide opportunities for all pupils to participate in a broad range of extra curricular activities, for example, Jazz Dance, Musical Theatre, Gymnastics, Football, Swimming...
- Involve the school sports co-ordinator and other community resources in the provision of activities, for example, Huff and Puff Lunchtime Scheme, Netball League, Bridport Tag Rugby Festival...
- Consult with pupils about physical activity opportunities offered by the school, identify any barriers to participation and seek to remove them, for example, by providing expert coaching free of cost to families through our extensive P.P.A. programme...
- Give parents and carers the opportunity to be involved in the planning and delivery of physical activity opportunities, for example, questionnaires on the format of Sports Day...
- Help parents and carers understand the benefits of physical activity for themselves and their children eg regular newsletter items, invitations to participate in events like The Great School Run...
- Ensure there is appropriate training provided for those involved in providing physical activities eg extensive training for Mr Evans as Primary Link Teacher, Huff and Puff training for lunchtime supervisors...
- Encourage pupils, parents and carers and staff to walk or cycle to school under safe conditions, utilising the school travel plan eg by erecting a covered waiting area for parents, installing new cycle racks...
- Encourage all staff to undertake physical activity, for example, daily powerwalking sessions, Great School Run, Sail For A Fiver...

## **How we will achieve our aims**

### **Whole School Ethos**

We celebrate sporting achievements both inside and outside school on our Sports Notice Board in the entrance hall. We celebrate school based individual and team achievements in our weekly celebration workshops.

In our School Prospectus and School Profile we include specific sections on sport which emphasise our many links with organisations including Yeovil Town F.C., Bridport Rugby Club and the West Dorset Schools Sports Partnership.

### **Curriculum**

Our curriculum statement includes a commitment to “promote pupils’ health and develop their physical co-ordination and confidence.” In support of this mission we promote outdoor education through residential journeys, orienteering and other experiences.

### **Physical Education**

We worked with the other Beaminster Pyramid primary schools on a review of our policy which was formally adopted in January 2007. This policy covers all relevant areas including assessment, health and safety and Out of School Hours Learning

### **Extra Curricular provision**

We are proud of our provision which includes Football Club for all ages, Gymnastics for Years 1 and 2, Jazz Dance for Years 5 and 6 and Swimming Club for all ages. We are pleased to say that all clubs are very well attended and that there are waiting lists each term for at least one of the activities on offer

### **Links with clubs/organisations**

We have established strong links with local clubs and sporting organisations, for example, West Dorset Cricket Academy, Service Line Tennis, Sail Laser at Portland and West Dorset District Council Action Van. We are constantly looking to develop new links through the West Dorset Schools Sport Partnership.

### **Community Links**

We have strong sporting links with Beaminster School through our use of their facilities and through the sharing of their expertise in areas like Playground Leaders. We allow local organisations like the Scouts and Youth Club to use our facilities for new experiences like archery.

### **Travel Plan**

We have a School Travel Plan which was formally adopted in March 2005. This plan is due for review by all stakeholders as many of the development tasks have now been successfully completed by the school community.

### **Funding**

Our School Travel Plan Capital Grant was used for the installation of a Covered Waiting Area to encourage pupils and parents to walk to school.

Through the West Dorset Schools Sports Partnership we receive an annual entitlement equivalent to nine supply days which is used by teaching and non teaching members of staff to attend relevant training and share good practice in order to enhance and enrich the Physical Activity programme in our school.

**Resources**

Through the Huff and Puff programme we received a Games Pack worth £200 and an allowance of £10 per week to acknowledge the vital role that our lunchtime supervisors play in the implementation and monitoring of the programme.

**Main development targets**

1. To evaluate the impact of the Huff and Puff programme and make changes where necessary.
2. To extend the range of Daily Physical Activities on offer to our children and staff.
3. To review and update the current School Travel Plan.